

720 Guelph Line, Suite 302, Burlington ON L7R 4E2

(289) 828-6188

artsarahpy@gmail.com

SUMMARY OF QUALIFICATIONS

- ★ Ten years of practice as a psychotherapist: pediatric hospital, school board, private practice, and community organizations (addictions rehabilitation, shelters, family support services)
- ★ Master's degree in art therapy
- ★ Child and adolescent psychodynamic psychotherapy, ongoing training (www.cicapp.ca)
- ★ Certified Canadian Counsellor (CCC), Canadian Counseling and Psychotherapy Assoc.
- ★ Registered art therapist: Art Therapy Credentials Board (ATCB), Qualified Supervisor
- ★ Member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT)
- ★ Design, lead group art therapy for children, families, and adults
- ★ Enjoy the challenges of assisting families and individuals in crisis or transition
- ★ Design, lead self-care and professional development workshops for caregiving professionals
- ★ Experience with diverse cultures, ethnicities; comfortable working in English and French

EDUCATION and AWARDS

Canadian Institute for Child and Adolescent Psychodynamic Psychotherapy (CICAPP)	<i>in progress</i>
M. A., Art Therapy, Concordia University, Montreal QC	2006
<ul style="list-style-type: none"> • Loyola Alumni Association Educational Grant in recognition of Superior Academic Achievement • J.W. McConnell Memorial Graduate Fellowship 	
B. A. (Hons.) English, Cultural Studies, minor Psychology McGill University, QC	1998
<ul style="list-style-type: none"> • Graduated with Distinction, McGill University 	

EXPERIENCE

Psychotherapist	Private Practice sarah-brodie.com Burlington, ON	<i>Specialization in child and adolescent psychotherapy; art therapy (all ages)</i>	present
Family Consultant	Lester B. Pearson School Board Student Services Supervisor: Dr. Andrew Bennett	<i>In school, attachment based treatment program for first cycle students with little emotional and behavioural regulation: worked with parents, dyads in play therapy and parenting coach</i>	2 year contract
Art Therapist	Montreal Children's Hospital Oncology/Hematology and Palliative Care Supervisor: Dr. Ruth Russell	<i>Medical art therapy for children/ families in treatment for serious illness; in and out patient, home care sibling group, caregiver support group</i>	2006-2010
Art Therapist	Montreal Therapy Centre: Private Practice www.montrealtherapy.com	<i>Longer term therapy for individuals (children, adolescents and adults) struggling with anxiety, depression and relational difficulties</i>	2006-2013
Instructor	Roots of Empathy	<i>Evidence-based elementary school program promoting pro-social behaviour</i>	2006-2011
Art Therapist	Catholic Community Services: (Montreal) Treehouse Family Support Program	<i>Weekly group therapy for children in separated/ divorced families</i>	2005-2007
Art Therapist	Addington Addictions Treatment Centre, Inc.	<i>Weekly group therapy for adults in addictions recovery</i>	2005-2007