

Ruth Luginbuehl

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RESUME

- 2005 - present **Instructor: Toronto Art Therapy Institute**
- Founded and teaches the course of Medical Art Therapy. Currently designing online course for the Distance Learning program for spring 2016.
- 2005 - present **Private Art Therapy,**
- Works as a medical art therapist with pediatric as well as adult patients and their families, in individual, group, family and couple therapy, mainly in the field of palliative medicine and bereavement. Leads group therapies with clients dealing with losses, encouraging and facilitating spontaneous expression through art.
- 2010 - present **Temmy Latner Center for Palliative Care, The Dr. Jay Children's Grief Program at Max and Beatrice Wolfe Children's Center, Mount Sinai Hospital, Toronto: Volunteer.**
- Co-facilitates family events by encouraging and supervising the art making process and legacy creation, facilitating and supporting peer interaction.
- 2001 - present **Professional Visual Artist,**
- Art has been shown in several solo and group shows in Canada and Switzerland, incl. *World of Thread, Oakville, Arcturus Gallery, Toronto, Broken Fence Gallery, Toronto, Abbozzo Gallery, Oakville.*

2012 - 2014 **Webb Ocular Prosthetics, Toronto: Ocularist Associate.**

Painted and manufactured ocular prosthetics in close collaboration with the patient.

2007 - 2011 **Department of Palliative Medicine and Bereavement Care, Hospital for Sick Children, Toronto: Art Therapist.**

Followed pediatric palliative care patients and their families, by encouraging and facilitating spontaneous emotional expression through art, encouraging creation of legacy, supporting clients throughout treatment, dying and bereavement.

Other Experience:

Public School Iglulik, Nunavut: Organizing and leading a workshop for teacher and social worker, in the context of a local campaign of suicide prevention (March 2006)

Substance Abuse Day Treatment Program, Department for Adolescent Medicine, Hospital for Sick Children, Toronto: Co-therapist, assisting the leading art therapist in group therapy sessions (2002 - 2004).

Department of Pediatric Dermatology, Pediatric Gynecology and Adolescent Medicine, Hospital for Sick Children, Toronto: Clinical pediatric fellow in day clinics, participating in night shifts at the Department for General Pediatrics (2002 - 2004)

Hospital for Sick Children, Toronto: Lectures on art therapy for nurses and doctors (Hemodialysis, Anesthesia, Palliative Medicine and Bereavement Care) (2007 - 2011)

EDUCATION

- 2004** **Toronto Art Therapy Institute:** Diploma in Art Therapy
- 2001** **Toronto School of Art:** Diploma in Fine Art
- 1997** **Swiss Medical Association, Bern:** Diploma in Pediatrics
- 1991** **University of Basel, Switzerland:** Doctoral Dissertation
- 1989** **University of Basel, Switzerland:** Diploma in Medicine
- 1982** **Kantonsschule Aarau, Switzerland:** Diploma in Science

Workshops and trainings, including courses in Pediatric Palliative Care (Hospital for Sick Children, Toronto), art therapy conferences and workshops, art courses at the Toronto School of Art.

PUBLICATIONS:

General Growth and Tissue Development Throughout Childhood. Chapter in Pediatric Anesthesia: Basic Principals - State of Art - Future, by Bruno Bissonnette, (PMPH-USA, Shelton, CT, 2011)

Art Therapy with Chronic Physically Ill Adolescents: Exploring the Effectiveness of Medical Art Therapy as a Complementary Treatment. (Springfield, IL: Charles, C Thomas Publ., 2009)

AWARDS AND MEMBERSHIPS

Award: **Martin Fischer Award** for best thesis, Toronto Art Therapy Institute, 2004

Memberships: **Canadian Art Therapy Association,**
Professional member

**Women's Art Association of Canada,
Toronto**

OTHER SKILLS

Languages: German, Italian, English, French