

Sharlene Friedman

65 Beresford Ave
Toronto, Ontario
M6S 3A9
(416) 588-2471

Professional Profile

- Registered Canadian Art Therapist (R.C.A.T.) #34;
- Certified Practitioner *Jin Shin Jyutsu*®;
- Private practice and contract work:- Skilled in individual, and group work with all ages;
- Consultation and Supervision;
- Extensive experience in various fields including: -Historical Trauma, Dissociative Disorders, Rape, Battery, Sexual Assault, Addictions, Oppression, Sexuality and Personal Growth, *Jin Shin Jyutsu*®

Professional Therapeutic Experience

- 1989 -present** *Private Practice*:- Individual, Family, Couples, Adolescents, Groups, Supervision
1998 -present *Private Practice*:- *Jin Shin Jyutsu*® Sessions, Self Help Training and Development
2007- present *Toronto Art Therapy Institute* (Faculty) Group Art Therapist
2003- 2007 *Clifton Program Turning Point Youth Services* :- Group Art Therapist
1998 -2002 *Barbra Schlifer Commemorative Clinic*:- Group Facilitator
1996 -2001 *Sexual Assault/ Rape Crisis Centre of Peel*:- Group Facilitator
1996 - 1998 *Peel Collaborative Child & Adolescent Sexual Abuse Program*:-
Case Manager, Assessor, Group Facilitator
1990 - 1996 *Street Haven At the Crossroads*: Women's Shelter:-Group Facilitator
1990 - 1996 *Grant House*: Women's Residential Addiction Treatment Program:-Group Facilitator
1989 - 1990 *Earlscourt Child and Family Services*: Residential Treatment Program:-Individual and Group Facilitator

Professional Teaching Experience

- 2007- present** *Toronto Art Therapy Institute* (Faculty) Group Art Therapist
1999-present *Jin Shin Jyutsu*®Physio Philosophy self help instructor.
1996 George Brown: Human Services Program; Locum
1990 - 1991 Central Toronto Youth Services; art classes for adolescents
1989 - 1991 Studio Manager at Tempus Art Centre; art school for children ages 6 -16

Education

- 2012** *Deep Democracy: The Microskills of Leadership, Collaboration, and Facilitating Collective Change.* Leadership Mastery Program sponsored by Anima Leadership Toronto Canada
2007 *Heart of Power*- Institute of Contemporary Shamanic Studies
1998 *Jin Shin Jyutsu*® certification training
1995 *Eastern Medicine Theory* -Shiatsu School of Canada
1989 *Art Therapy Diploma* (D.T.A.T.I.) - Toronto Art Therapy Institute Canada
1986 *Bachelor of Arts, Fine Arts* (B.A.F.A.) - University of Witwatersrand, South Africa

Publications

- Friedman S. & Mayne Devine S., (2000) *Weaving Our Voices: An Open Group for women who have survived childhood sexual abuse. Group leaders manual.* Sexual Assault Rape Crisis Centre of Peel Dufferin; Catholic Family Services of Dufferin-Peel; Department of Justice Canada, National Crime Prevention Centre.
- Friedman S., (1997) Book Review: *Paper Dolls and Airplanes: Therapeutic Exercises for Sexually Traumatised Children.* By Crisci, Lay, and Lowenstein. Canadian Art Therapy Association Journal, Spring 1997, vol. II, No 1
- Friedman S., (1995) *The Politics of Violence: Unlearning oppression.* Canadian Art Therapy Association Journal, Summer 1995, 9:2

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Related Skills

- Volunteer at POWA (People Opposing Women Abuse) (Rape Crisis and Battered Women's Shelter) in South Africa; counsellor, trainer, support worker

Presentations

- Ongoing** *Jin Shin Jyutsu Self Help Training*: Toronto, Canada
2003 “Weaving Our Voices” C.A.T.A. Conference: Toronto, Canada
2000 “Weaving Our Voices” *Manual Training*: Mississauga, Toronto and Guelph, Canada
1999 *Collaboration of a Catholic Family Services Agency and a Feminist Organization*: Catholic Charities Conference: Rochester, New York, U.S.A.
1997 *Art Therapy and Addictions*: C.A.T.A. Professional Development: Toronto, Canada; Humber Memorial: Etobicoke, Canada; Toronto Art Therapy Institute: Toronto, Canada
1997 *Power and Process Work*; Sexual Assault Rape Crisis: Dufferin Peel, Canada
1996 *Art Therapy Bridging the Gap*; C.A.T.A. Conference: Toronto, Canada
1994 *Politics of Violence: Unlearning Oppression*; C.A.T.A. Conference: Toronto, Canada
1994 *Starting a private practice*; Toronto Art Therapy Institute, Toronto, Canada
1991 *Case Study on Adolescent with Developmental Delay*; co-presentation with Mercedes Chacin De Fuchs, R.C.A.T. A.T.R.; C.A.T.A. Conference: Toronto, Canada

Select Conferences and Training

- 2012** *Deep Democracy Yearlong Intensive*. Julie Diamond. Ph.D Toronto Ontario
2012 *Trauma Talks: Advancing the Dialogue on Trauma-informed Care* June 2012 Toronto Ontario
2011 C.A.T.A. Conference. Niagara Falls, Canada
2011 *Deep Democracy* Julie Diamond. Ph.D Toronto Ontario 2011
2011 *Worldwork* Denver Colorado April 2011
2010 *Toronto International Summer School of Narrative Practice* July 2010 Toronto Ontario
2010 *Second training with the Earths viewpoint. Advanced Facilitator Methods*. Yachats Oregon. USA
The Facilitators Dance. Worldwork for sustainable futures. Yachats Oregon. USA
2009 *Share Your World- Difference and Otherness in a Postmodern World- Creative Perspectives* Wayne Dunkley, Toronto, Canada
2009 *Process Work and the Alchemy of Trauma: Graduate Certificate in Abuse and Trauma*. Emetchi, M.A., and Gary Reiss, Ph.D. Portland Oregon USA
2007 *Jin Shin Jyutsu®*, Michigan, USA, Toronto, Canada
2006 *Process Work Introduction* .Salome Schwartz, Ph.D Toronto, Canada
2006 *Joy of Difficulties*. Salome Schwartz, Ph.D & Nadar Shabanhangi Boston USA
2005 *Worldwork* : Arny and Amy Mindel – Boston USA
2004 *Facilitator and the Shamans Body* Yachats Oregon USA
2004 *Inner Critic*, Julie Diamond, .Ph.D . Boston USA
2003 *Jin Shin Jyutsu®*. Halifax, Canada. Washington USA
2002 *Jin Shin Jyutsu®*. Chicago & Hawaii, USA
2000 *Quadrant and JCC Training* - Bessel van der Kolk, Toronto, Canada
2000 *Energy Therapies*- Bud Kuecke. Mississauga, Canada
1999 *Narrative Therapy Intensive*- Judith Myers Avis. Guelph, Canada
1998 *Jin Shin Jyutsu®*. San Francisco & New York, USA
1998 C.A.T.A. Conference. Ottawa, Canada

Select Conferences and Training (cont)

- 1998 *Trauma Assessment-* Geraldine Crisci. Mississauga, Canada
 1997 *Therapy and Social Justice-* Family Centre, Wellington, New Zealand. Toronto, Canada
 1996 *Incestuous Family Therapy-* Noel Larson. Mississauga, Canada
 1996 *Working With Special Needs.* CATA Conference. Toronto, Canada
 1996 *Working with Adolescents and Children who Sexually offend.* Peel Collaborative Mississauga, Canada
 1996 *Family Resolution Therapy: Treating Interfamilial Child Sexual Abuse.* Toronto, Canada
 1994 *Sitting in The Fire: Advanced Training in Worldwork.* Stupova, Slovakia
 1994 *C.A.T.A. Conference.* Toronto, Canada
 1993 *Insurgent Sisters:* Toronto, Canada
 1992 *No More Secrets.* Toronto, Canada
 1992 *A.A.T.A. Conference.* Detroit, U.S.A
 1990 *Feminist Counselling.* Sandra Butler; North Bay, Canada
 1990 *N.C.A.T.A. Conference.* Washington, USA
 1990 *Working with Multiplicity and Ritual Abuse.* Margo Riviera. Toronto, Canada.

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