

PROFESSIONAL PROFILE

- Conscientious and responsible mental health professional seeking to participate and contribute to a clinical environment through the delivery of ethical and culturally competent services and counselling practices
- Master's level clinician, with specialization in art therapy and trauma counselling
- Practice trauma-focused, feminist and anti-oppressive principles in a therapeutic environment
- Registered Psychotherapist in the College of Registered Psychotherapists of Ontario (CRPO), 2015-Present
- Canadian Certified Counsellor (CCC) with the Canadian Counselling & Psychotherapy Association (CCPA), 2012-Present
- Canadian Counselling and Psychotherapy Association (CCPA) Member, 2011-Present
- Canadian Association of Psychoanalytic Child Therapists Member (CAPCT), 2012-Present
- Skilled in clinical program development and delivery
- Efficient, conscientious and detail-oriented researcher
- Strong writing and public presentation skills developed through academic and professional work
- Highly committed to ongoing professional and personal development
- Specialized training and knowledge in the areas of child and adolescent development, sexual abuse/violence, violence against women, and trauma

PROFESSIONAL DEVELOPMENT AND CERTIFICATIONS

- Human Trafficking – The Perspective of Professionals Working With Children, 2016
- Mental Health First Aid, 2016
- Applied Suicide Intervention Skills Training (ASIST), 2016
- Ontario Domestic Assault Risk Assessment (ODARA) Certification – Domestic violence risk assessment tool, Waypoint Centre for Mental Health Care, 2015
- Danger Assessment Certification – Assessment of risk factors associated with intimate partner homicide, Johns Hopkins School of Nursing, 2014
- Online Training Initiative to Address Human Trafficking, MCIS Language Services, 2014
- Nonviolent Crisis Intervention Certification, 2012
- Cultural Psychiatry Certificate, Division of Social and Transcultural Psychiatry, 2012
- Golden Key International Honour Society, 2010

EDUCATION

Canadian Institute for Child Psychoanalytic Psychotherapy, Toronto, 2012-present

Advanced Diploma in Child and Adolescent Psychotherapy (Part-Time Candidate)

Concordia University, Montreal, 2010-2012

Masters of Creative Arts Therapies, Art Therapy Option (*With Great Distinction*)

- Awards: Graduation Bonus 2012
- Graduate Thesis: *"Mourning the Separation Loss of Adolescents in Residential Care"*, 2012

York University, Toronto, 2005-2009

Honours Bachelor of Fine Arts (*Cum Laude*)

- Double Major Psychology and Visual Arts
- Awards: Entrance Scholarship 2005

EMPLOYMENT HISTORY

- Art Therapist & Practitioner, The BodiWorks Institute, 2016-present
- Counsellor, Sexual Assault & Violence Intervention Services of Halton, Oakville, 2013-present
- Crisis Counsellor, Hope Place Treatment Centre, Milton, 2013-present
- Art Therapist & Child Psychotherapist, Peel Children's Aid Society, Mississauga, 2013-present
- Clinical Therapist, Milestone Fostering Agency, Toronto, 2015
- Registered Psychotherapist & Art Therapist, The Arterie, Private Practice, 2014-present
- Crisis Counsellor & Group Facilitator, The Vanier Centre for Women, Milton, 2013-2016
- Clinical Intern Art Therapist, Batshaw Youth and Family Centres, Montreal, 2011-2012
- Research Assistant, Concordia University, 2011-2012
- Clinical Intern Art Therapist, Centre for the Arts in Human Development, Montreal, 2010-2011
- Graduate Assistant, Department of Creative Arts Therapies, Concordia University, 2010-2011

PROFESSIONAL WORKSHOPS

- Co-created and co-facilitated, "The Art of Self Care in the Workplace," to staff and service providers at Newcomer Centre of Peel (March-November 2014), Reach Out Centre for Kids (December 2014), and Catholic Family Services of Toronto (April 2015)
- Co-created and co-facilitated, "A Recipe for Calm: Anchoring through Mindfulness & Art," at Bell Media for Bell Let's Talk Day (January 2015), The Dorothy Wylie Health Leaders Institute (May 2015)

PUBLICATIONS & PRESENTATIONS

- Adolescent Suicidal Behaviour & Psychoanalytic Treatment Process, Canadian Association of Psychoanalytic Child Therapists, presented by Claudia Corradetti and Dagnija Tenne, 2016
- The Application of Ethnodrama to Adolescent Girls Under Youth Protection: Pilot Project with Batshaw Youth & Family Centres, Stephen Snow & Miranda D'Amico, Concordia University, 2015
- Assemblage: The Therapeutic and Transformative Act of Coming Together, Canadian Counselling and Psychotherapy Association (CCPA) – Creative Arts in Counselling Newsletter, Spring 2013

VOLUNTEER EXPERIENCE

- Event Volunteer for Ontario Art Therapy Association (OATA)
- Group Facilitator, Lighthouse Program for Grieving Children
- Vice President & Program Coordinator of Winters Community Art Club (WCAC), York University
- Student Mentor, York University