

Curriculum Vitae

Helene Burt, D.A., ATR, R.C.A.T.

Doctorate of Arts

New York University

Education

January 1999	Doctorate of Arts in Art Therapy New York University
1986	D.T.A.T.I. Graduate- Level Diploma Toronto Art Therapy Institute
1982	Hons. B.F.A. Bachelor of Fine Arts York University

Qualifications

1989 - Present	Registered Art Therapist American Art Therapy Association
1996 - Present	Registered Art Therapist Canadian Art Therapy Association

Work Experience

July, 2007 – Present	Toronto Art Therapy Institute Executive Director
Feb. 2005- July 2007	Private Practice
Jan. 2002 – Feb. 2005	Turning Point Youth Services Director of Clinical Services
Dec. 1994- Dec.2001	Oolagen Community Services, Toronto Children's Mental Health Centre

	Residential and Out- Patient Youth and Family Therapist and Case Manager
Jan. 1994- April 1998	The Toronto Art Therapy Institute Course Instructor and Practicum Supervisor
June 1993- Dec. 1994	The Peel Collaborative Child and Adolescent Sexual Abuse Treatment Program, Mississauga Individual and Group Therapist
April 1993-Nov. 1994	416 Outreach Addiction Case Management Program, Toronto Addiction Case Management Counsellor
Nov. 1991- Dec. 1992	New York University Medical Centre, New York City Tisch Hospital In-Patient Psychiatric Unit Art Therapist
Sept. 1986- Aug. 1991	Wood's Homes, Calgary Adolescent and Family Treatment Centre Clinical Art Therapist/ Youth and Family Therapist and Case Manager
July 8-12, 1991	University of Calgary Faculty of Education Instructor

Professional Profile

- Develops clinical policy, high quality service standards, and a quality assurance processes
- Ensures that relevant training needs are provided to ensure highest quality services.
- Maintains appropriate linkages with relevant stakeholders in the community
- Responsible for recruitment, development, supervision and discipline of the Clinical Services Team
- Oversees the development, implementation and supervision of new programs.
- Responsible for ongoing program evaluation
- Defines the need for training among staff and coordinates, plans and implements integral and enriching training opportunities
- Works within a solution focused, competency-based, cross-cultural perspective
- Fundraising and Volunteer coordination

Related Experience

- Jan. 1995-April 1998 Toronto Art Therapy Institute
Internship Supervisor
- Jan. 1991- April 1991 University of Calgary
Rehabilitation Studies Program
Department of Educational Psychology
Internship Supervisor

Professional Association Positions

- 2007-2013 Canadian Art Therapy Association Liaison to the Ontario Alliance of Mental Health Professionals
- 2002-2006 President, Canadian Art Therapy Association
- 2006-2010 Past-President, Canadian Art Therapy Association
- 2002- 2013 Editor, Canadian Art Therapy Association Journal
- 2002-2012 Website Coordinator, Canadian Art Therapy Association
- Oct. 1988- July 1991 President of the Alberta Arts Therapy Association

Committees

- May 2002- 2005 Chair, Advisory Committee to Dufferin Mall Youth Services
- May 1997- 2000 Steering Committee for the Yorktown Walk-in Counselling Centre
- May 1995- May 1996 Toronto Art Therapy Institute Curriculum Committee
- May 1991- July 1991 University of Calgary Fine Arts/ Rehabilitation Studies Committee for the Development of a Masters In Expressive Arts Therapy Graduate Degree Program
- Sept. 1990- July 1991 Committee for Calgary Native Child Services

Award

Sept. 1991 Wood's Homes Distinguished Service Award, "Clinician of the Year Award"

Published Book

2012 "Art Therapy and Postmodernism: Creative Healing Through A Prism". Jessica Kingsley: London, New York.

Published Dissertation

1999 "The Experience of Self During the Recovery Process of Six Women with a history of Childhood Sexual Abuse Who Utilized Art Therapy in Their Recovery Processes", UMI

Published Book Chapters

November 2011 "Women, Art Therapy, and Feminist Theories of Development"
In "Revisiting Feminist Approaches to Art Therapy"
Editor: Susan Hogan/ Publisher: Berg-Hahn

August 1997 "Women, Art Therapy, and Feminist Theories of Development"
In, "Feminist Approaches To Art Therapy"
Editor: Susan Hogan / Publisher: Routledge

Published Articles

2005 "The 2004-2005 National Survey of Members of the National and Provincial Art Therapy Associations in Canada"
Canadian Art Therapy Association Journal, 18 (1), 2-8.

2002 Witnessing, Visibility and the Experience of Self; Utilizing Art Therapy in Recovery from Childhood Sexual Abuse"
Canadian Art Therapy Association Journal, 15 (Spring), 10-28.

1996 "Beyond Practice: A Postmodern Feminist Perspective on Art Therapy Research"
Art Therapy/ Journal of the American Art Therapy Association, 13

(1), 12-19

1993 “Issues in Art Therapy with Culturally Displaced
American Indian Youth”
The Arts in Psychotherapy, 20 (2), 143-151

Other Credited Education

Jan-April 1989 “Family Systems”
 “Family Change”
 The Holy Cross Training Program, Calgary (AAMFT accredited)