
PETREA HANSEN-ADAMIDIS BA, DTATI, RCAT, RP

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EDUCATION

TORONTO ART THERAPY INSTITUTE 1992-1995
Post Graduate Diploma in Art Therapy D.T.A.T.I.

GEORGE BROWN COLLEGE OF APPLIED ARTS & TECHNOLOGY 1990-1991
Post Diploma Certificate in Family Work

ONTARIO COLLEGE OF ARTS 1990-1992
Sculpture course, Colour Theory course (painting)

YORK UNIVERSITY 1985-1989
Honours Bachelor of Arts Degree, Specialization in Psychology

CLINICAL EXPERIENCE

THE TORONTO ART THERAPY INSTITUTE TATI
Instructor 2013 - present
“History and Development of the Profession of Art Therapy” 16 week course taught twice yearly. Developed curriculum. Teach online version of this course for TATI Distance Learning Program since January 2015. Instructor for the 16 week course “Child and Adolescent Development and Art Therapy”.

SICK KIDS CENTRE FOR COMMUNITY MENTAL HEALTH
FORMERLY THE HINCKS-DELLCREST CENTRE
Expressive Arts Therapist April 2002 – present
Provide Expressive Arts Therapy for children and their families at a children’s mental health centre. Supervise art therapy students onsite. Conduct Trauma Assessments as needed. Provide student training/workshops on expressive arts therapy as well as working with infancy and preschool population.

THE TORONTO ART THERAPY INSTITUTE
Supervisor for Art Therapy Trainees October 2009 – February 2012
Provided clinical supervision to students during art therapy practicum in various settings where there is not a Registered Art Therapist onsite.

BOOST
Trauma Assessor April 2005 - December 2009 (Part time- contract)
Conduct general and sexual abuse trauma assessments with children and adolescents. Write Trauma Assessment reports. Provide feedback to clients and families regarding recommendations.

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BLOORVIEW MACMILLAN CHILDREN'S CENTRE

Art Therapist August 2001 – August 2002 (Maternity leave contract)

Provide individual Art Therapy sessions for children and adolescents centre wide, who have acquired brain injury, are in rehabilitation, or are dealing with other physical challenges due to injury or disease. Responsibilities include working on a multidisciplinary team, charting, report writing, attending family meetings and providing discharge planning for client's emotional needs.

TORONTO CHILD ABUSE CENTRE

Individual Trauma Assessor February 1998 – June 2002

Provided individual trauma assessments for children & adolescents. Design and revise art and play activities for assessment purposes. Lead assessment groups when needed.

PEEL COLLABORATIVE CHILD & ADOLESCENT SEXUAL ABUSE TREATMENT PROGRAM

Therapist / Trauma Assessor April 1996 – April 2002

Provided individual and family therapy for children who are victims of sexual abuse. Conduct trauma assessments. Provide parent education and support.

ARRABON INC.-DUFFERIN MALL YOUTH SERVICES -LANTHIER PLACE - TORONTO

Youth Worker Sept. 1990 - May 2000 / Art Therapist February 1997 - May 2000

Provided supportive counselling for youth. Art therapy for youth ages 12-24 in the community.

YONGE STREET MISSION / COUNSELLING DEPARTMENT/EVERGREEN CENTRE FOR STREET YOUTH

Art Therapist June 1996 – June 2000

Provided individual art therapy for children & adults who are economically disadvantaged and are experiencing emotional difficulties or mental health issues. Designed and provided art therapy groups for street involved youth.

COLUMBIA NEURO-REHABILITATION CENTRE

Art Therapist Consultant, February 1998 – February 1999

Provided individual art therapy sessions to children who have been in a motor vehicle accident and have post trauma symptoms or accident related emotional difficulties.

CATHOLIC CHILDREN'S AID SOCIETY -TORONTO

Art Therapist /Consultant Dec.1994- September 1999.

Conduct individual art therapy sessions with children experiencing emotional difficulties. Supervised access visits and provided parent support and counselling.

THE TORONTO ART THERAPY INSTITUTE

Art Therapy Instructor May -June 1997

Taught art therapy ethics course to first year students.

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SCARBOROUGH AGENCIES SEXUAL ABUSE TREATMENT PROGRAM (SASAT)

Group Leader Sept. 1995 - May 1997

Co-facilitated adults survivor art therapy group. Co-facilitated expressive arts groups for latency aged children with sexualized behaviors and their guardian(s).

DUNDAS STREET PUBLIC SCHOOL - TORONTO

Art Therapy Group Leader April 1995 - June 1995

Co-facilitated art therapy group for boys from violent homes within a school setting.

SUNNYBROOK HEALTH SCIENCE CENTRE - NORTH YORK

Psychometrist/Consultant (Sunnybrook Memory Study) Nov. 1990 - Feb. 1995

Administered neuropsychological tests to assess cognitive impairment in adults.

INTEGRA - TORONTO

Supervisor & Art Therapy Group Leader (Camp Towhee) July 1994 - Aug. 1994

Conducted individual supervision of counsellors at a children's treatment camp. Facilitated experiential groups. Contributed to case conferences. Facilitated Art Therapy group for children with learning disabilities. Prepared clinical reports.

INTEGRA - TORONTO

Group Leader Oct. 1993 - Apr. 1994

Co-facilitated socialization and assessment groups for children and adolescents with learning disabilities. Prepared final assessment report.

INTEGRA - TORONTO

Group Leader (Summer Day Program) June 1993 - Aug. 1993

Co-led groups of children and adolescents with learning disabilities in a day program. Planned and provided group activities. Prepared clinical reports.

PROFESSIONAL ASSOCIATIONS:

- Registered Art Therapist (R.C.A.T.) since 1998 with the Canadian Art Therapy Association (CATA); Former Chair of Professional Development on the Executive committee of CATA.
- Registered Psychotherapist with the College of Registered Psychotherapists of Ontario

PUBLICATIONS:

[Knibbe, C, Hansen-Adamidis, P \(2017\) Garden as Canvas: Therapeutic Metaphors in a Children's Garden Canadian Art Therapy Association Journal Volume 30, 2017 - Issue 1](#)

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AWARD:

2018 Dr. Sowa Clinical Excellence Award from the Sick Kids Centre for Community Mental Health

SELECTED WORKSHOPS:

July 12, 2018, Enhancing Cooperation and Connecting Emotionally parent workshop for Families First Prevention & Early Intervention, Sick Kids Centre For Community Mental Health.

May 5, 2018, Creative Self-Care for Psychotherapists for the Ontario Art Therapy Association.

June 23, 2017, Art as a Container: Supporting Children and Youth Through the Arts: Art Starts Staff workshop.

June 14, 2017, Active Imagination Exploration Through the Arts Workshop: for Seneca School of Creative Arts Ultimate Remix Summer Project in Multidisciplinary Art Creation.

March 27, 2017 Caring for Self YMCA workshop for Settlement workers.

Nov. 8, 2015 Artful Therapeutic Gardens: Metaphors for Healing and Growth presented at the Expressive Therapies Summit, New York