

Lenore Walker, BRE, MRE, DTATI

Art Therapist, Educator, Artist

Areas of Expertise

- Facilitation of individual & group therapy
- Trauma Informed Approach (Complex Trauma/Attachment)
- Integration/Phase-based model)
- Addiction recovery
- Bereavement/Loss
- Mood and anxiety disorders
- Psycho-spiritual support
- Program design and implementation
- Differentiated Instruction using a wide variety of resources for all ages
- Skilled session management
- Person-centered, innovative and interactive learning
- Thematic curriculum/directives
- Integration of digital technology
- Active professional visual artist

Professional

CATA Member SLMM Member
Niagara Pumphouse Member
SCAA Member

Key Skills

Client-centered, confidential and detailed consultation to devise treatment schedules and programming

Motivational interviewing with integration of creative, co-active approaches to meeting client needs

Motivational and methodological approaches in art history, art-making and with various technical aspects to promote creative self-expression and develop process/product skills

Documentation and record keeping according to CRPO standards

Education

DTATI - Toronto Art Therapy Institute
MRE - Ambrose University
BRE – Emmanuel Bible College

Personal Summary

Dedicated, ethical and caring counsellor with extensive experience in offering client-centered treatment and guidance for individual clients, families and groups to assist in achieving therapeutic relief and success in attaining defined goals. Proven ability to offer empathy, deep listening and co-active approaches to treatment and therapy. Ability to work with inter-cultural and multi-faith competency, liaise with other healthcare professionals and social service agencies to support clients and address their needs through life course/illness/disability transitions, conflict, loss/bereavement, trauma and addiction recovery in proactive manner.

Professional Experience

Community Addiction Services of Niagara - CASON

Counsellor/Art Therapist Intern for Day Treatment Program, individual clients and Open Studio participants
August 2017 – May 2018

Niagara Pumphouse Visual Arts Center

Bethany School of Arts and Music (BSMA)

Sessional Art instructor/exhibiting professional artist for all ages in all media including graphite, charcoal/conté, watercolour, pastels, oils, acrylics, mixed media, encaustic and cold wax
September 2009 - Present

Billings-Court Manor

Expressive Arts Facilitation for older adult residents experiencing life-limiting illness and dementia for recreation, skill-building/rehabilitation and community art exhibits
June 2016 – August 2017

Homewood Health Center

Counsellor/Art Therapist Intern for mixed gender Substance Abuse and Trauma Safety (SATS) and Integrated Mood and Anxiety Disorders (IMAP) Programs
January 2013 – September 2013

Hospice Niagara, Hospice Wellington, McNally House Hospice

Arts-based Counsellor/Art Therapist for staff, volunteers, caregivers, residents and their families in palliative and life passage care; individual, family and group Art Therapy, bereavement psycho-education and psycho-spiritual counselling
August 2012 – August 2013

WARM Niagara – Women's Addiction Recovery Mediation

Counsellor/Art Therapist Intern with women specific addiction recovery support groups
April 2012 – December 2014

Duties

- Skilled group facilitation utilizing various therapies Art Therapy, DBT, ACT
- Non-judging presence and empathic listening skills
- Therapeutic assessments and development/implementation of appropriate programming and treatment plans
- Maintenance of clinical records; provision of written and verbal case updates/reports; evaluation to develop metrics-based outcomes
- Regular staff and team meetings and collaboration with primary healthcare providers to monitor client progress and confer re: treatment /referral and program design
- Ongoing professional development and supervision

Additional Experience

- Skilled group and individual art instruction in all art media
- Session and /or classroom management and motivation, all ages
- Educational assessments and development/implementation of innovative curriculum/session/lesson plans
- Regular team meetings with art school administration professionals re: art and art therapy programming
- Open Studio/Pop-up Art Hive facilitation for youth and community cultural events
- Retreat Leader for Women, Addiction Recovery, Spiritual Formation, SoulCollage® Process
- Sessional Professor TATI - Introduction to Jungian Psychology & Art Therapy
- Ongoing professional development and exhibits in regional galleries

